

Minutes  
Group Health Insurance & Wellness Committee

Date: August 10, 2011

Time: 12:00 PM

Committee Members Present: Ald. Kittelson (Chairperson), Mike Williams, Kent Huibregtse, H.R. Director Tom Rice, Scott Navis, Mark Zehfus, Laurie Suhrke, and Henry Meller for Jo-Ann Decker.

Excused:

Others: Lori Woelfel, Jeremy Jensen (M3), Glenda Hodge (M3), Karen Handrich (UMR), Sandy Goke (UMR).

1. Chairperson Ald. Kittelson called the meeting to order.
2. Pledge of Allegiance.
3. Approval of minutes from May 11, 2011. Zehfus, Huibregtse. Motion carried.
4. There was discussion on Biometric screening and Health Risk Assessment to be done in November for employees only (NOT spouses or retirees at this time). The first year will target employees and second year will be spouses and possibly retirees. Also discussed was future insurance plan which has not been finalized for 2012 and 2013. They are looking at a full flex cafeteria plan for 2013 as well as office co-pays, use of the county clinic, changes to the current HRA (reimbursement account). There will be a focus on wellness with the HRA and coaches working with members on chronic conditions. It is the employee's choice to participate and those who do will pay 12% of the premium and those who do not will pay 15%. New program may likely be announced by the 1<sup>st</sup> of October.

Some concerns they are looking at are health and wellness of our employees, long term goal of reducing the cost of insurance to the city and then to the employee, and allowing employees to have a choice in their insurance by having the people who use insurance to pay for insurance.
5. Ald. Kittelson spoke about the March of the Pink Brigade. This event will be held October 15, 2011 from 7am to 10am at the YMCA. There will be a mass walk which begins at 9am. The goal this year is 250 participants and all donations stay in Sheboygan County. WEAR PINK.
6. Lori Woelfel discussed the Walk to Cure Diabetes event being held on September 24, 2011 at River Park in Sheboygan Falls. The walk starts at 2pm and registration is at 1pm. 80% of proceeds go into research. The theme is Peace, Love Cure.
7. The next meeting of the Group Health Insurance & Wellness Committee will be on Wednesday, September 7, 2011 at 12:00 pm.
9. Motion to adjourn. Suhrke, Zehfus. Motion carried.